

1817 S Main St Suite 13 Salt Lake City, UT 84115 P. 801-441-0549 F. 801-901-8525

# **Canyonlands Natural Medicine Fee Estimates**

#### **New Patient Consultations**

New patient consultations at Canyonlands Natural Medicine are 90 minutes and cost \$399. While 90 minutes may seem like a long time, this time is necessary to provide a comprehensive holistic health visit. It is possible your physician will determine you do not need the full 90 minutes, and will bill you based upon your time spent in the visit, in which case the new patient visit ranges from \$299 to \$399.

A deposit is required at time of booking your new patient appointment to secure your appointment, as well as to ensure our providers do not have idle time due to cancellation. Please note that this deposit is non-refundable within 24 hours of your appointment. Only in the case of emergency will a refund of this deposit be granted. All of your deposit will go directly towards the first visit fees for services.

## **Follow Up Rates**

Follow up visits are based on \$200/hour and are typically 30-90 minutes (\$100-\$300), although longer or shorter visits may be arranged. All visit fees are billed based upon time spent.

#### **Discount Plans**

We offer subscription discount plans available in two tiers. Subscription plans begin after the first visit, and a minimum 3 month commitment to our subscription plans is required.

Wellness Plan: \$99 per month

- Includes one 30 minute visit monthly.
  - If your visit exceeds 30 minutes, we will bill based upon extra time spent at a rate of 10% off the extra time.



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- 10% off supplements and further visits or added time.
- Half off phlebotomy fee, letters, or documentation services.

### Comprehensive Plan: \$149 per month

- Includes one 45 minute visit monthly.
- If your visit exceeds 45 minutes, we will bill based upon extra time spent at a rate of 15% off the extra time.
- 15% off supplements and further visits or added time.
- One free blood draw per 3 month period. Half off all other blood draws.
- Half off letters, or documentation services.

#### Insurance

The doctors at Canyonlands are considered out of network providers. While insurance is not billed by our clinic, we can provide you with a superbill that includes the necessary coding that insurance companies require to evaluate

Depending on your plan and the coverage your insurance provides, insurance should apply the costs of your visit to your deductible or provide you with reimbursement.

Medicaid and most Medicare plans do not cover our services. Some Medicare Advantage plans may provide limited coverage for Naturopathic services. Please contact your insurance company for more information on their coverage.

#### Additional services and costs

Phlebotomy: \$30

Prescriptions/Lab Orders/Letters outside of a visit: \$30

Naturopathic bodywork: \$75 for 30 minutes, \$130 for an hour

IV Therapy: Variable based upon specific service:

• Glutathione IV push: \$35-100



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• IV Venofer: \$300-500 per infusion (administration currently unavailable)

• IV Meyer's Cocktails (250 mL, concentrated nutrient infusion): \$250-300 depending on ingredients used.

• Vitamin D Shots: \$50 per shot.

• Vitamin B12 shots: \$40-50 per shot.

### Labs

#### Lab Service Fees

Our clinic assesses a \$30 fee for blood collection services. This fee is for the provider's time to draw blood, process tests and complete paperwork. This fee does not include the cost of any lab tests.

#### In Network Labs

Some labs <u>can be billed</u> through your insurance when sent to an in-network lab such as LabCorp or Quest. Normal, standard of care labs that are similar to what your PCP runs in a yearly visit or those that are medically necessary for your health condition would be eligible to use your insurance.

Insurance billing does not guarantee coverage. Some testing may still be denied by your insurance company, even if sent to an in-network lab. Labs are always billed based upon your insurance coverage. We suggest you contact your insurance to understand your lab coverage for in-network and out-of-network labs.

# **Self Pay Billing Through our Clinic**

Any testing that may be subject to a denial can be paid for directly through our clinic as a "self-pay" lab. This is preferable when there is a question of medical necessity, or if the lab is on a "for your information" type of basis.

For individuals without insurance or not desiring to bill insurance, we have affordable options to pay for labs directly through our account instead of billing insurance.



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#### **Out of Network Labs**

Specialty laboratory testing is generally considered "out-of-network" and is not covered by insurance. In some cases, these labs can be billed to insurance, but this is not generally advisable. Your provider will discuss the best approach regarding how to pay for each individual lab that may be indicated for your care.

Examples of out-of-network labs include: stool testing, saliva testing, certain types of hormone testing, lyme disease testing, heavy metal tests in hair or urine, mycotoxins and mold exposure tests, food sensitivity testing, genetic testing, breath testing for SIBO or carbohydrate malabsorption, and more. Please note this list is not exhaustive, and many other functional tests exist. When in doubt, ask your provider about the insurance status of these test.

Estimates for a set of labs would be between \$150 for limited labwork and \$2000 for comprehensive testing.

## Estimates of laboratory test fees:

- Stool testing: \$400-500

- SIBO Breath testing: \$225-400

- Food sensitivity testing: \$169-450

- Genetic testing: \$200-500

- Mycotoxins: \$300-500

- Thyroid testing: \$100-300

- General lab screening: For self pay, \$100-500. For insurance billing, typically the cost is a percentage of the total lab fees, or whatever amount your insurance company agrees in your plan document.



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## **Imaging**

Imaging is highly variable and difficult to estimate. The facility and its in-network or out-of-network status has a huge impact on costs for imaging.

Some basic estimates in a range of possible costs, from varying facilities:

X Ray: \$60-250

CT Scan without contrast: \$400-2,000

CT Scan with contrast: \$500-2,500

MRI without contrast, single area: \$400-3,000

MRI with contrast, single area: \$600-3,500

Some imaging tests are covered by insurance. Select Health limits our ability to order imaging tests, and we cannot provide orders for imaging through any Intermountain Healthcare facility, as they will not schedule our orders. Please note that if you have Select Health insurance, you would be best to retain a primary care doctor who can perform imaging orders for you.

#### **Administrative Fees**

We understand that life happens and you may need to cancel an appointment. We require 24 hours notice to cancel an appointment. Except in emergency situations, a cancellation fee will be charged for cancellations with less than 24 hours notice.

Administrative services provided outside of a visit such as medication refills, doctor's notes and laboratory orders are billed at \$30 per task.

For comprehensive tasks such as completing FMLA paperwork or writing accommodation letters, our fees are based upon time spent, and are billed at our hourly



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rate. We recommend scheduling a visit to complete FMLA paperwork, as many times questions arise that require in depth knowledge of your case, and they may be items we have not yet discussed in the course of our visits.

### **Payment**

Payment is due at time of service.

Health Savings Accounts and Flex Spending Accounts can be used to purchase office visits, supplements or functional lab testing.

We do not accept Care Credit.